

# VERO BEACH HIGH SCHOOL GIRLS' LACROSSE 5K RUN/WALK

May 17<sup>th</sup>, 2008

At Point West

## Results:

**Overall Male Winner:** Chas Moody (20:57)

**Overall Female Winner:** Pam Murphy (21:56)

**Masters Winner (over 40) Male:** Joe DiBenedetto (21:29)

**Masters Winner (over 40) Female:** Laurie Herman (24:18)

### Female Results

**14 and under:** 1. Abby Sarnoski (32:42) 2. Alissa Thomas (37:21) 3. Sydney Murphy (39:35) 4. Rebecca Nason (51:58) 5. Logan Parvus (54:51)

**15-19** 1. Ashley Muller (23:20) 2. Jillian Askren (23:34) 3. Amy Askren (28:17) 4. Lauren Swan (32:36)

**20 – 29** 1. Colleen Mohan (26:49) 2. Katherine Mockler (26:10) 3. Trish Rothe (27:38) 4. Stephanie Velasquez (30:09) 5. Lauren Kroh (32:19) 6. Amandaline Green (54:50)

**30-39** 1. Michelle Carter (26:02) 2. Julie Dominguez (26:49) 3. Jennifer Forrester (26:49) 4. Amber Dean (30:45) 5. Charity Plum (32:53) 6. Karen Nason (51:58)

**40 – 49** 1. Tracy Roschach (25:47) 2. Elizabeth Cross-Knudsen (26:24) 3. Sylvie Staboli (26:48) 4. Leslie Swan (27:04) 5. Amy Colclough (30:09) 6. Patricia Ashdown (32:07) 7. Jenny Frederick (32:04) 8. Donna Sarnoski (33:05) 9. Vicky Gould (37:37) 10. Cindy Davis (39:48) 11. Sherri Swanson (42:19) 12. Tammy Green (43:05) 13. Alison Moody (49:58) 14. Holly Gorman (49:58) 15. Lori Schroeder (53:03) 16. Yasia Kane (53:03) 17. Pamela Mitchell (53:04) 18. Leslie Howard (53:04)

**50 – 59** 1. Faith Litvack (24:59) 2. Valerie Leffew (31:18) 3. Cara Clarke (33:24) 4. Wendy O'Dare (43:05) 5. Barb Cassidy (53:03)

**60 – 69** 1. Susan Bond (45:17)

### Male Results

**14 and under:** 1. Austin Wade (21:08) 2. Nick Sweet (22:08) 3. Sebastian Morales (22:26) 4. Devon Digornoski (23:22) 5. Matt Parvus (29:55) 6. Brendon Nason (47:28)

**15 – 19** 1. Nicholas Knutson (23:38)

**20 – 29** 1. Trey Martin (24:44) 2. Henry Audette (28:09) 3. Cory Howell (31:18)

**30 – 39** 1. Doug Rordan (23:20) 2. Colby Servos (25:09) 3. Sid Parker (31:05)

**40 – 49** 1. J. Atwood Taylor (23:01) 2. Tom Sarnoski (23:27) 3. Richard Thomas (26:37) 4. David Colclough (30:25) 5. Mike Swan (35:37)

**50 – 59** 1. Butch Coffey (22:52) 2. Bill Penney (23:32) 3. Mark Ashdown (24:33) 4. David Fourmont (26:02) 5. Peter Joyce (26:59) 6. Eugene O'Neill (42:19)

**60 – 69** Ed Ruby (24:02)